

JORDEMODER POEMS OF A MIDWIFE

INGRID ANDERSSON



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to my mother and my father,

for all my midwives



Jordemoder (yoor deh moo' der) - midwife

jord – earth, soil, dust, land, world moder – mother

—Dictionary of the Swedish Academy, 1934



I. DAUGHTER

The first voice I heard belonged to my mother...
My mother's voice is a lullaby in my cells.

-Terry Tempest Williams, When Women Were Birds



MAW

In the middle of the night, my mother would bury her face in her mute, farm-woman's hands between the hinged high-fidelity speakers of our Zenith record player, the soaring trills of Verdi's dying Violetta vanquishing the dark.

At the end of the opera, she'd raise her head, revived, and I learned from the edge of the living room: life turns on passion, as much as breath.

In the middle of the afternoon, I learned not to be afraid of Virginia Woolf,
Hedda Gabler, Sylvia Plath. And now when my child goes looking for his mother,
I can explain: it's in the genes,
or a law of nature, or some
all-consuming love—disappearing
into the maw of entropy and art.

AUTODIDACT (FOUND POEM)

The difference between the university graduate and the autodidact lies not so much in the extent of knowledge as in the extent of vitality...

-Milan Kundera

My mother's kitchen table paints an autodidact's life: books in Swedish, English, German, French, letters protecting someone's rights,

Nature saved in mass appeals, a mass of daisies from the yard, a feral cat saved from cold, day-old coffee she can't discard, a sketch, a watercolor not yet finished, like her 8th-grade education—learning that I can never match.

Today, I find lines on recycled paper:

If I could write poems, I'd write one with questions. Who makes cranial vises for experiments on cats? Who makes tasers for goading humans to prison or animals to slaughter? Who makes scalpels for cutting genitals of baby boys?

I sit at my mother's table and sip reheated coffee, replenishing gall that graduates lose.

SOMETHING LIKE SALVATION

Whatever is in the world's water is here in my hands.
—Sandra Steingraber, Having Faith

Faithful limbs half-naked before a basin of water, wash rag in hand, my mother performs her daily ablution. Later, every drop of the graywater will be re-used to slake her heirloom flowers, or, if the re-cycled rain barrels are full, to flush her off-the-meter toilet. This morning, she rages at America's flushing of fire hydrants—well-water pumped from 1000 feet and gushing like a gashed artery down her gutter—"but I salvaged 50 bucketfuls for the raspberries!" As I scoop plump berries from Tupperware as old as I am (derived, she'll tell you, from slag of fossil fuel), I feel the beat of her drum slow my hand, my tongue, sweeten each jubilant sphere.

MICTURITION GARDENING

The nutrients in urine are in just the right form for plants to drink them up.

—Håkan Jönsson, researcher of micturition farming,

Swedish University of Agricultural Sciences, Uppsala

From the bed of her small truck, my mother brings me her proud wealth: buckets of ready compost.

Thin skins of allium, dark eyes of tubers, bitter pits cast from sweet drupes, guts spilled from beading flesh of melons—

her alchemy of inedibles, her middens of repeated seasons, turned by her own hand and catalyzed to gold by a secret ingredient.

She deposits the black buckets at my door the way a mother bird brings grubs to her brood or devoted cat drops

a mouse at your feet, proving: the elixir of love is feeding. My greedy hands lay it down thick.

SELF-HELP

My mother's arthritic hands grip fistfuls of green oxalis: heart-leafed weeds she forages from burgeoning margins to make my docile chickens go wild.

Spring has a way of pushing up her dead mother's You'll never amount to much and her dead father's Another girl....

From my perch in the kitchen window, I watch her prop her elbows on the ground, as clucking hens yank and pluck the tart hearts, pulsing vitamins.

Once, I heard a midwife say that being unwanted is more terrible to live with than anything else: a child will never get over it.*

But for now, the vying old voices let go in this animal adoration of survival, and when all have had their fill, my mother releases limp remains and pushes herself up.

^{*} Jennifer Worth, Call the Midwife

BIRTH DAY

"A birthday should be for a mother as much as for a child," I say and kick myself, opening your card.

Housemaid, waitress, immigrant, pregnant with dreams as much as child, she was pinned like an insect on her back, leather straps around her ankles, wrists, her mind in the grips of an injected amnesiac and other women's screams.

I see that you forgot my age this year, but the faultlines across your falling face and the familiar fetal fists say: your body remembers.

Millimeter by millimeter, fear wended down, scarping her inner sacrum, buckling her bridge of pubic symphysis, rifting her screaming ischial spines until, like a god she never believed in, the doctor delivered her, and I was whisked to another room.

Nurses bound her mammal chest, saying: breastfeeding is barbaric.

I take up your balled hands like gifts in mine, unwrap your still-strong fingers, unbind your crimped thumbs.

AT THE GREEN BURIAL INFORMATIONAL LUNCHEON

Would I lay my mother's spent stem and flower body in my bed, intimate with the marriage of love and grief?

Or would I lay her on the kitchen table (pulling out an extra leaf) where we eat? What will I do with my mother's body

when she is dead? I study the folds of her petal-face looking forward in the folding chair beside me, and then

the smooth-faced funeral-sellers in front of us, who seem nice enough, thinking us promising customers.

Her only wish, she states, is to be laid in dirt less than four feet deep, so the hungry microbes may eat.

"Why does it have to be so complicated, so much paperwork for the State, rules of custody, transportation—why such fuss?"

No question, I'd prefer to lay her at the foot of the black walnut tree in my yard, where the strong-willed goldenrod,

tiger lilies and old-world lilacs bloom. I'd want to go there evenings, recount the news, and how death's ravages

render such feasts of color, pollen, and in spring the most beloved perfume.



II. MIDWIFE

What else are we to do with our obsessions?

Do they feed us? Or are we simply scavenging our memories for one gleaming image to tell the truth of what is hunting us?

—Terry Tempest Williams, When Women Were Birds



NOVA STELLA

for Lailah

From the out-of-the-blue lull that can befall hard labor, bestowing sleep, I could tell

that she was fully dilated and pronounced her *complete*. Whereupon she roused, turned

completely dilated eyes to me and said, with blinding depth and more love than I have ever seen,

No one ever told me that before,

and reaching down through a flash and burst of milky caul

caught a

daughter.

ON BECOMING A MIDWIFE

"What if something happens?"

"You're smart enough to be a doctor."

"Isn't it awfully messy?"

"My births were the best orgasms of my life," offered a woman pregnant in the 1970s.

In the beginning, I replied (as a daughter might): my work is to make mothers happy.

Twenty years on, the 70s mother gone, a generation of rising blood pressures, stillbirth, cancer, even the wild wide-eyed rabbit mother haunts my door, her perfect child screaming from the maw of a righteous lapdog—

I offer words from Mary Oliver: my work is loving the world.

It is to labor under the name that Linnaeus gave us: homo sapiens—wise human, and feel a whelm of gratitude for every caring intelligence: oceans of bodies, bodies of oceans overwhelmed.

We are mammals, in the end, and my breast fills with I can't do this anymore!, then ohhh-pen, breeeathe...mi amor! mi amor!

With snapshots, texts: tied tongues, bleeding nipples, is an oozing navel normal?, baby's first smile, baby's first year...

With poems, poems that plumb the sweet-salt-metal mess to climax, over and over, howling *love*.

PHALAENOPSIS

Moth is what an apostle of Linnaeus named it.

But at this kitchen table in this liminal hour, I'm tired of men's takes on nature.

And Linnaeus, old spy in your hothouse of flowers, you might have reconsidered

the tendriled upended genus, the profane yet prayerful shape of it, if

just before dawn you knelt, as a midwife or a lover does, before

the rising body of a woman: her epiphytic mind, her singular surging muscle,

the spreading suspense of her hips, coming to a head at tendriled

lips and radiating *Promise*.

GRIEF

Tulips of April are too bright for winter eyes, and the lilac air steals the breath, suffusing

danger with desire. From my sunlit kitchen window, I watched a cardinal proclaim his desire at the top

of the sugar maple—when, like a heat-seeking missile, he dropped and trailed a female through air.

How could I not know she would veer for the glassy glare? I waved my arms No! as her head hit the double pane

and plain complicities of April killed her. Penitent for my part, I leave the house and bear her chilling warmth, heavy

as a stillborn's, to the foot of the maple. The Cornell lab of ornithology says every year there are a billion like her.

On my knees in the muddy ground, I swear I hear the high red buds in their round oblivion, pull

like a million sapping mouths: grief is always so much more than one thing.

THE CYCLE

for Doris—married to a violent, lead-poisoned laborer and for Steve—her opiate-addicted son, who murdered Doris, killed himself, and whose own son died of an overdose

I can gaze for hours at the workings of antlions. Their conical hollows are like bullet holes across the sand. Or like little amphitheaters: whistling pine and twisted juniper for audience.

Their singular feats impressed the fatalist Greeks, but I am struck by how fragile the traps are—how easily tragedy can be undone, by luck of rain or the feet of a happy child.

The antlion is concealed, but I know that poison is seeping into his hollow fangs, canny hairs are quivering along his abdomen—as an ant going about her ant business, nears the rim, triggers a grain of sand and is pulled down. Does she feel her liquid life seep into the antlion's? I only see the drained body tossed out.

I am hunted by a Polaroid of us: coffee cups on a formica kitchen table, he and I held in the laps of our unhappy mothers. Later, I was told he hid beneath the bed when alone with his father, but all I knew then was: he cried a lot. I am hunted by questions of

preventability. In the end (or is it the beginning?) from hunger's wealth of metabolic waste, beneath the world's abandoned margins, the antlion spins his rough cocoon, dissolves and because, as Aristotle said, nature abhors (but couldn't it be adores?) a vacuum, he is reborn and reborn and reborn: famished for love and winged with glistening promise.

SYSTEMIC

The local news repeatedly flashed his steely black mug like a gun, triggering: fear, hate, hate.

Sad and pathetic that someone births these animals, wrote a reader of the story in The Washington Times—

a newsfeed that aims to set people like me right and claims to value: freedom, faith and family.

I'd heard enough to question why the media left out the blamed black mother—that birthing

someone who has a story of repeatedly pleading for help for her son, when he was in school.

Left out his remembering helpless teacher, racked with hindsight, with the black-and-white news.

Left out every local black boy pressed against the barrel of every terrible statistic: stories

swinging forward and backward from the womb. Left out the local midwife—my ear pressed

to bodies that hold the hearts, the small parts that right America claims to value,

I hear: innocent-innocent-innocent.

VOW

Through her cinched muscular girth, from stirrups to withers, to her bit tongue, I could feel the feral want for the moors of her Baltic island.

On a ride more painful than birth, the head of my feral right femur banged against its gnawed pen of acetabulum, until I asked

myself: what is a horse to humans but another bearing body to break? How have I presumed myself above, unbreakable?

Dismounting and untacking the Russ, I swore to every Mustang unbroken in America, to every Brumby unbroken in Australia, to descendants everywhere

of survivors of conquistadors, wars, hard labors: I will not be your breaker.

THE WIFE WHO MADE A WISH

for Jane

Spring ravished her rooms, bearing musky narcissus and sweet-fleshed hyacinth blooms. It slipped in through an open window while her husband was gone, hunting chamois in Switzerland, slipped in with the call of a cuckoo. Neighbors began to wonder at the abandon everywhere, her hair coming down and how her blouse-front fell away, the sound of music spilling out her windows. She wished to be one with everything and set the goats free to bring life into the place. That is how her husband found her—gamboling in the garden with a goat—his gun in hand, dried blood of chamois on his coat. She pulled her blouse together and tried to explain, the Cuckoo and Spring, but a laugh sprang like a shoot from her throat, and as he began to stammer of scandal and something bestial, the house stank of something bestial, she laughed and laughed until she burst like Spring, into flower.

TO A GREAT GRANDMOTHER

for Kajsen (1868-1953)

They say you turned proud with revenge and bitter as nettles—

untouchable to God and Men. I'm writing to tell you:

the gulch in my breast holds you and the unborn

children you saved, when having delivered his 8th child and watched his

beatings, you refused to return to the whitewashed Church for the conjugal

re-purifying: beating Them at Their own game.

REPLY

to a mentor

Remember when we waited for the mailman? Every pen-and-paper letter was an arrival, every visitor a guest, a reason for making coffee or something stronger: a drink.

News of death arrived by hand and lips, and we'd sit together in the living room, nursing snifters, halting words.

In the subject line on the laptop on my desk, 'Cathy's Passing' stops me dead.
Should I click Reply? Should I Forward?
Should I start a Folder, name it: Cancer?
Can feelings sent through the ether, like gamma rays through a dissolving brain, help?

I decide to keep it to myself, throw back a whiskey, hit Delete and write a poem.

THE WAY ART LIVES

I see the small lives
lost in the making
of your luminous
silk scarf, smooth
and soft as newborn
skin, its spun protein
fibers finer than hair.
It contains you
the way a cocoon
contains metamorphosis,
the way the pia mater
contains memory,
the way the amnion
in your loomed womb
contained a spinning son.

THE APPRENTICE BECOMES A MIDWIFE

for Miranda

The apprentice puts his body where the body of the teacher is.

—Garrett Hongo, as quoted by apprentice/poet Jesse Bertron

With the apprentice's catch of breath, I register the purpling head, the turtled neck—a shoulder stuck on a bridge of bone.

Exhaling as one, we become four hands at a piano, playing a difficult fugue. This time, her embodied measures lead mine:

roll to hands and knees now; please over to your back again; now over again, one knee up and push....

Your baby's born!
Feel free to welcome her,
we're giving her
a few breaths, the cord
is giving her oxygen—

the newborn cries, the mother raises her up and—paused on the bridge to separation—the wet eyes of the apprentice meet my own.

IMAGINE YOU ARE A MIDWIFE

Sometimes, the most you can do said Lao-Tzu, some 2000 years ago, is

imagine you are a midwife. Do good without show or fuss.

When the baby is born, the mother may say: I did it! I am equal to life!



III. MOTHER

If a child is to keep alive his inborn sense of wonder, he needs the companionship of at least one adult who can share it....

-Rachel Carson, The Sense of Wonder



HATCHLINGS

Breastfeeding on the porch, I listen to a chorus of hooligan hatchlings erupt whenever food appears: me, me, me!

The greed of summer takes me back to an American soccer player who ran at the ball, muttering: get it, get it!

Then, to a stork-like Swiss man who pulled off my shoe, as the train pulled out and tucking his strange love under his arm, leaped onto the vanishing platform.

Then to Paris: perfumed Moroccan men swooping around me and my au pair friends like swifts along the Seine, hunting supper.

And in fairness, to myself at eighteen, when I chased an older man to the Cotswolds. We lay beside the River Leach and small round bells, attached to shins of ribald Morris dancers, jangled in the distance, just

like baby birds in Wisconsin, bobbing up and down in hunger.

TO RAISE A SON

The hens have started laying again. So, with renewed eagerness, this Easter morning, my young son and I clean the chicken coop (fowls' foul nests, we joke) and sift rabbit poop from the chicken food. I tell him about Eostre. goddess of spring, who (stories say) saved a bird with frozen wings by transforming her into an egg-laying rabbit. "Why?" he likes to ask. "For luck," I guess, "perhaps in overcoming death," and that makes me bring up the dark ages, when ever-hedging humans began to color eggs like flowers, like jewels holding precious suns. "That's what we'll be doing," he adds, as we chat with each hen by name and ponder the meaning of her calls, then free their dinosaur bodies to run and scratch and sprawl in sunny oases of sand. "Do you think that dinosaurs loved our sun this much?" I ask. "More, if they were cold-blooded," he reasons, knowing some argue they were not, and at last, we open the laying box: "Four eggs!" he shouts, bloomed and warm.

RUSH HOUR

A pterosaur, my son might call him—the 10-million-year-old sandhill crane in flight above 8 lanes of traffic.

Suddenly, my morning soars with hope, gratitude: may he continue

to ride the thermals after all the tar sands have been extracted, after all the fossils have flown.

NEIGHBORHOOD VIOLENCE THAT NOBODY TALKS ABOUT

(as I drive my son to school one rainy morning)

Streets as wide as airport strips.

Sidewalks never laid.

Cars at stop signs over-running zebra stripes.

Pedestrians scattering like prey.

My son's locked school.

No Guns Allowed (a sign on his way into 5th grade).

Continuing on, by weedless playgrounds, weedless lawns,

a golf course beside an unswimmable city lake.

The ghost-white bicycle where a child was killed.

A Starbuck's barista: Have a nice day!

Another flooding rain.

FEELING GAME

Before dying, explains the child I birthed, you become critical. When critical, you're prone, with loud breathing and disorienting effects.

Okay, I say over his shoulder, feeling game, that's how your uncle was, before going sober, how mothers are in hard labor, and how I become, listening too much to the news.

He rolls his eyes at his mother's *personalizing* everything and says, I'm talking about stamina: low stamina prevents action, sprints, melees. I need more experience.

Okay, I say, strong in experience, I get it: you level up from the pain, or dark spirits, then fight like a mother for better gun control—is that the point of video-gaming?

TAKING MY YOUNG COFFEE-DRINKER TO THE OLD CAFE

We step into the place where the old cafe had been, glassy now and spacious, silent with down-turned faces, crimped necks and thumbs.

Where has the carnival of coffee gone? Real Italian baristas, flashing levers and espresso eyes? I used to imbibe every delectable detail of them—large men

embodying their grind: strong black brows and oxen necks, slung in aprons of fresh white. I hear their echoing operatic vowels: Un caffè! Caffè latte! Cappucino!

I was the loner in the corner, who needed a place to write, while the old regulars needed a place to walk their dogs to mornings, and young people

got taught the fine slow art of froth.

FIRST DAY

I've watched his life layers build up and the warm mother sea recede.

He towers now, taller than I am. I know that life goes in stages and high school

is just another beginning, but beholding him today, I see the moist newborn skin, his first

furrow of eyebrows and easily could sink again into our family bed. As he snaps his bike helmet

into place and squints up the sunlit street into his future, mothers everywhere hold back

their tidal nature, and I wave goodbye as naturally, he speeds off.

FALL HEAT

From the wide kitchen window,

I watch the aging speckled hen scratch
with a mother's vigor against a slanting sun,
as late mote-filled rays smolder her umber
feathers and spotlight the compost bin
in the corner—summer's last cauldron of heat.

I feel that by writing, I am doing what is far more necessary than anything else, wrote Virginia Woolf, in what would prove the late autumn of her life.

In the birdbath, starlings close their roiling show while ruly cedar waxwings sit in the cedar tree and wait their turn. Notwithstanding my patient husband, pruning perennials, seeding balding patches of lawn, I let supper wait, grab a pen and stir my compost-heart.

WINTER SOUP

You might be chopping beets listening to public radio reports on political gerrymandering, presidential sex scandals, the latest mass shooting or proof of global warming, when you glance out your steamed-up kitchen window and see a boy down the block bound out of his mother's house and clear a thawing lawn in three leaps, as a girl in sturdy boots steps off of a bus.

Looking forward, the way nurses instruct convalescents to find their feet, she commandeers the slippery street and walks into his naked, open arms.

Is it the boy's transparent love, so like your son's? Or is it the reassuring fact—despite robins too early on your lawn—that she seems so much readier for life than you were then, that makes you turn the radio off and tune your whole heart to the crimson globes at hand?

TO MY SON, GRADUATING

Our house is on fire.

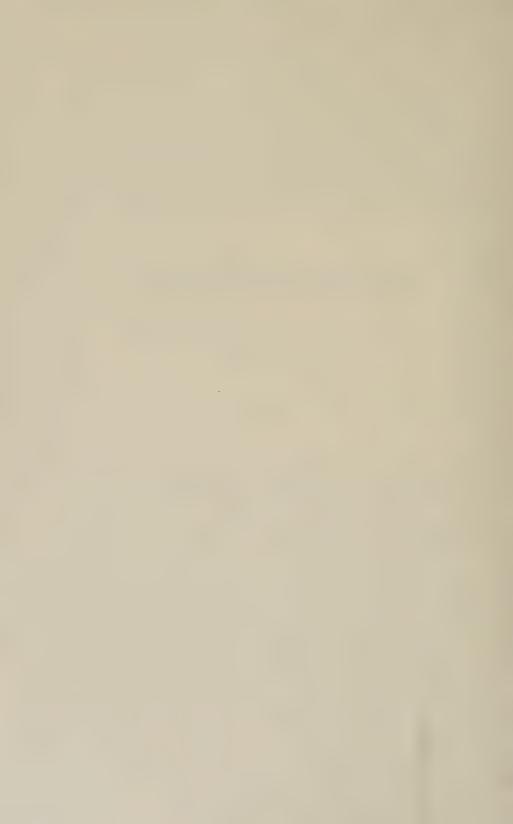
-Greta Thunberg, youth climate activist

Together, beneath sweet Scheherezade lilies, I mull over one-thousand-and-one nights of labor—stories that by degrees, made a warp, a weft, a safety net, a parachute in the life I've been lucky enough to weave. Beside us, beneath a merciful morning sun, two deaf old hounds with cataracts and sundown syndrome.

It was never enough to make the world safer for you, my Greta-aged, graduating son—by all means, take a gap year! Keep your hair long, sing out loud to all the good songs: burn the house down. And if only to assuage your mother, stop to smell the flowers, imprint their perfume as we head into immeasurable, untold crises.

IV. INVANDRARE

Swedish word for 'immigrant'; literally, 'in-wanderer'



STILL LIFE

Cardamom buns baked on parchment, percolated coffee in thin-lipped cups, a porcelain pitcher of cream, and reflecting a south Chicago sun, a crystal pyramid of sugar cubes, silver-plated tongs. On our way to the guests, my mother would say in Swedish, Be nice and take that one, and I knew the bun she meant: the least lovely one. I loved her no less—her gold plaited hair and cerulean blue eyes, like a hand-painted doll made not for play but to please.

Here I am, fifty-three, in an old-world konditori and might as well be ten-aswirl with cardamom, and catching my breath at a glinting plate of sugar cubes, an elegant pitcher of cream. "Hej!" greets a Swedish young man at the counter, startling me out of my past. I smile back and point to the loveliest bun I see, pour self-serve coffee into an Ikea cup and sit at a table with a real cloth, as if all the dolls grew up and left a still-beloved house. I want for nothing, but my mother sitting with me.

THIN PLACES

The dogs and I lift our heads and sniff the air, the way infants catch their first breaths, curling

back their necks and open to being mammal. The old limestone city is blanketed in snow,

but our noses lead us toward something warm, steamy, slightly sweet, when

our ears perk up—a call? a whistle? Our senses pull us down the street

and lift our gaze to a gable window, like a beacon in the northern night.

My Lutheran grandmother warned me not to take after my mother, forever

losing herself in time. Not to be like the ruminating sheep, grazing

among the cairns. But the window is open and a trill pours out the way joy pours out

the bright yellow mouth of a blackbird! The dogs and I stand patient as statues

as aromas of Swedish pancakes drift down. Then, she leans out—a flushed young woman

damp from the heat of the skillet and fanning her neck with a towel, swirls of wet curls spilling out a bright yellow scarf. And just as suddenly, she's gone.

But the air remains almost edible, and her trills keep falling like stars.

SWEDISH PANCAKES

should be tawny gold in color, from yellow fat of whole milk from brown cows in pasture and yolks like suns from farmyard hens;

should be soft as satin, yet latticed at the edges from batter poured into a satisfied skillet riding tides of butter to caramel rims;

are richest made from colostrum, first sweet milk at calving time, when everyone on the farm rides tides of common good.

OUT AMONG THE GRASS AND THISTLES

cows graze between the rune stones, raised to honor noble deeds, making milk.

Even the white chickens, upon whom so much also depends, embody importance and dwarf my daily laying of vowels, consonants,

churnings of a scavenging mind. As if feeding a hunger I can't control, I toil every waking hour and even half-asleep

to crack the mystery of gravel in a crop grinding grain, grubs, insects, dust into something noble and whole.

MAIEUTIC

from the Greek, maieutikos: "to act as a midwife;" the name that Socrates gave his method of inquiry with the aim of bringing forth implicit understandings

Seated near the cafe window a woman stares at the sea and sways. She stays this way for two hours. Illness? Prayer? The quivering of her hijab suggests: weeping.

Turning spent eyes on me, she asks, what is the cost to leave this island?

I believe she's mistaken me for a local with wealth or answers for everything, then I see that she's pregnant: instinct tells her that I, too am an outsider, swollen with turmoil.

Is this what my grandmother meant when she muttered, it's hard to be human?

Sooner or later, everybody's buffeted to the margins in pregnancy, marriage, war—all the mergings and expulsions that we are made in, die in, risk unknown borders for.

I tell her, I don't know what it costs to leave the island but lean toward her and ask if she would like to walk together to the budding harbor.

We sway beneath the quivering calyxes of May, braving crisis.

SABBATICAL IN A SWEDISH HANSEATIC CITY

Narrative is radical, creating us at the very moment it is being created.

—Toni Morrison

Open, deep-welled windows of our rented 17th-century house home, like ears, to hourly bells of a medieval cathedral and to luggage wheels, clapping like applause across the hand-hewn cobbles.

In the bed, the snores of my husband sound like bombs being dropped. When the dread siren rises from passages inside his head, I used to shrink beneath the covers, but now I hold his hand: this can quiet the implosions.

If the siren starts again, I sit up—this is when I'm awake the tolling hours, listening past the walls and marveling over how far we've come, despite divided countries, our disavowed perfect union.

Some nights, my husband purrs.
Purring is called *spinning* here. His gentle whir secures my sleep and turns the insides of my eyelids orange and pink, like petals of roses that climb the houses along our street like dreams—this is when I wake with the sun and the cooing of a dozen doves: who was it

who said, whoever tells the best story wins? At the window, I see their stained-glass breasts: jewels set in a World Heritage wall that rings our middle-ages town like a shimmering league of nations, like radical ramparts of peace!

RUINS

Visiting Americans ask me, why are there public drunks in Sweden?

Like the intelligent jackdaws my son is named after, alcohlics flock from public housing to morning benches preened and eager, filled with laughter. By afternoon, they slump and stagger haggard with forgetting and sorrow.

I don't know, I used to answer, the Nordic climate?

It disgusts the tourists to see them urinate against the UNESCO-protected Hanseatic wall, built by wealthy men for war against peasants: ruins are supposed to be pretty.

But the sun, like a god in the North, will shine again on a bench in the morning and make everything seem possible—a cycle I can relate to—and now, when Americans ask me, I try

to explain: the public, the sun, the Nordic Model.

STOCKHOLM PUBLIC ART

Sweden ranks as the world's happiest country for women, as self-reported in public surveys of human rights, gender equality, income equality, progress and safety.

-U.S. News & World Report, 2021

Two concrete sows, large as life and smiling with contentment—their realistic teats mountainous with milk and piglets.

Alongside the un-named public art, a litter of toddlers squeals and scrambles up a set of playground bars, suggesting, Bars Are Meant for Climbing,

while across the top of the sprawled flanks of the free-range sows, two human mothers sit down and put their feet up, suggesting, Happy Mothers—

when, opening their blouses and lifting eager infants to filling breasts, they raise their smiling faces to the sun and crown the art: A *Pinnacle of Culture*.

PARADE TO THE GRADUATION BALL

Typically, classic cars are not my thing—top-down Eldorados, Mustangs, Firebirds and behind the wheels: classic men.

But I'm transfixed by the bare young women in the seats behind them—graduates, stiff as statues in competing decolletages and blue as scilla in the Baltic spring, and beside them: fully clothed young men.

Except for the cars, the old town square could be a painting by some Old Master—I swear, the more things change the more things stay the same.

Then a murmur goes up, and I see a wide-fendered bicycle, wheeled by a wild-maned young woman in confident heels and a high-necked fiery gown, and the town

erupts in cheers! If I were some old Breughel, I'd paint the whole spectacular thing.

IT TAKES A DOG

A fellow foreigner plods toward my outdoor cafe table and kneels before my two wagging dogs.

Leaning forward in his ten-gallon hat, snakeskin boots and gold filigree buckle, he whispers to them.

I watch as their pink eager tongues brighten him. Raising himself up, he winks at me, then drawls:

"Sometahmes it takes a dawg to make the world raht agin," and leaves—before I can reach

out and catch the Lone Star, before I can tell him in eager English, I understand you!

THE INGMAR BERGMAN SAFARI

There is no country where the incomprehensible is more cherished, than in Sweden.

—Theodor Kallifatides, Ett nytt land utanför mitt fönster (A new land outside my window)

Who spends a summer day in Sweden going on an Ingmar Bergman safari, instead of going to the beach, or the French creperie up the road?

I board the bus, spot an unclaimed seat at the back and slide past a woman from Portland calling herself an *existential feminist* and saying, "I dig Bergman's women, man," then Swedes blaming Norwegians for claiming seats that the Swedes had claimed for friends, and land beside a wordless man in glasses.

A straight-shooting sheep farmer stands up, shushes us and introduces herself as tour director. She assures us, as promised in the brochure, that we'll stop at all the sites of films made on Fårö: Sheep Island.

The bus drives first to the lonely coast where *Persona* was filmed, while screens above our heads play scenes from the film that reflect the scenery outside. It is a story of two women: Alma, chatty and carefree, and Elisabet, an actress, mute and in exile from the staged world, in pursuit of her buried self.

Meanwhile, across the aisle, a voluptuous Brazilian is being played by a Frenchman seated beside his writing wife. The wife reminds me of Elisabet and words by Marguerite Duras: Ecrire, c'est aussi ne pas parler. C'est hurler sans bruit. Writing is also not to speak. It is to howl noiselessly.

Maybe it's true. All the world's a stage, and all of us are players, sitting in different life ages, playing our inexorable parts.

Next, the bus pulls up beside the house of Bergman's ex-wife, where Scenes from a Marriage was shot. The screens play the part where a professor tells his wife that he's leaving her for a younger woman and Paris—a scene, our director informs us, straight from Bergman's life. Where we stand and bleat about our loneliness without listening to each other...stare into each other's eyes and yet deny each other's existence. The wives, she adds, turned out happier.

And so the safari goes, tracking human highs and lows: *The Passion of Anna* and *Shame*. As the sun descends toward the Baltic in the west, the tour draws to a close over a grilled lamb picnic. We eat facing the sun, on the coast where *Through a Glass Darkly* was filmed about descending into schizophrenia. I ruminate on my brother, my grandmother.

Returning to the lot where the tour began, like a finale, our shepherd-director plays one film more: Bergman's homage to his island neighbor, a fisherman married to the sea. The eternal plots play out: a day dawning, seagulls crying, insects hunting and being hunted, oars revolving in their locks—the herring, the hauling, the mooring, the making of fire in a stove—the world concluding its night's fast. Throughout, the fisherman moves as one, plays only himself.

I look around the quiet bus and wonder: is this the part that our far-flung lives were after? Like a satisfied return from a hunt?

Or is it more like a dawning and a cherishing of everything in front of us? Around us. In us. Home. Maybe it's the cry of the artist for re-claiming, for re-pairing a human life.

Two rows down, I see the Portlandian has landed a professor.

ODE TO A PUBLIC LIBRARY

Paradise will be a kind of library.

—Jorge Luis Borges

This afternoon, a Masai-boned Estonian is singing runes. The translucent leaves of her eyelids close, and her willowy

white arms leap, as if tracing words in stone, living letters from the dead. Her body is a song of thousand-year-old

harvests, losses, loves and a sympathetic drone from deep within her breast thrums through mine.

We sit in the front row, my son and I, embraced by multi-storied stacks and windows, vistas of our fairytale

city and sea beyond, serrated like steel beneath a winter sun, the white caps of Aegir's daughters waving.

Here we are millionaires in second-hand clothes: he sips hot cocoa, and I sip bottomless coffee for 20 crowns.

I think of our public library as a kind of paradise, a kind of democracy on earth, where the ancient and the recent

and the soon dead meet and open like doors to hunger, abundance, wonder, grief. Next week,

balalaikas will sing their hearts out in strings, with violins and accordions entering in

like some gathering force of arms for peace with Russia.

WINTER RENOVATIONS AT THE CLARION

Tourists flock. Even the luxury hotel windows peer with prurient eyes, down on the two unknowns: the human bones being exposed, separated, unhomed.

I think of my aging parents, poring over obituaries, the way cluing bones cue the curious flesh to sing—
a local pastor sounds a cry of protest,

while scientists say the female is about seventeen, that she and the child within her arms are pre-Christian, no tourists here.

For my part, I imagine they belong to the stock of farming and fishing folk on the island and spoke their sea-sun-earth language. That they belong to the spiralhorned sheep, hefted to this Silurian rock, and to the hefty horses, their thick manes

and coats. We mull in our thinsulate jackets, relish the curling breath on our lips, as if proof of a higher existence, yet

we vie to peer into the pit, to grasp their embrace of mineral and humus.

RAUKS

columns of fossilized rock, formed as softer geological material is eroded away; from Gutnish, a language native to the island of Gotland

Born in warm, embryonic seas, the crusty giants once were pulsing nerve centers, teeming coral. Earth's own cranium shifted them from their biogenous beds. Gnarled and knobbly with life and death, they stand today along a Baltic coast exposing their naked heartsearth's best poems! Or brainstems, freed from softer matter. I like to go and dangle my knobby feet below one midbrain, pons, medulla oblongatafeeling happy.

V. HOME

A great longing is upon us, to live again in a world made of gifts.

-Robin Wall Kimmerer, Braiding Sweetgrass



IN THE BOTANICAL GARDENS

A sun-drenched bed of snowdrops and winter aconite,

white-tailed bumblebees, even pigeons beckon to me, strutting iridescent breasts

and looking me sideways in the eye. Spring's first polished motorcycle rumbles by

but can't compete with a wren's tremble-chatter or this ancient magnolia, pink galleon

acrest a sea of yellow-white. I linger amidst her silver limbs.

A woman who reminds me of someone sails by, a weathered book in her weathered

hands, in her smiling eyes: mine. Love after fifty is like love before

the age of five, unable to contain itself. Now, I'm the unconditional bench;

now, the magnificent tree; now the whispering sweet air, and petals

like kisses rain through me.

VITAL SIGNS

Crocuses still open their saffron hearts.

And noiseless pink opossum feet

land like cherry blossoms beneath the suet feeder.

As they've always done, velvet-nosed lambs, tails

twirling, thrust and suckle their sure-footed moms.

And cows with calves gallop out stale winter barns and jump

for joy, kicking their Eocene heels impossibly high—

the tumbling udders shuddering anybody with joy

and signaling *Spring* on a thriving family farm.

SUNDAYS WITH MY FATHER

"My fault, Guv'nor!" An East London skateboarder vaulted from the walk

and apologized to my father. That family vacation was the first

time I heard that a fault was not my father's. These days, after his stroke,

glaucoma, heart surgery, a pacemaker, we reminisce over apple pie and ice cream

or his favorite: French toast (lost bread, in French, I tell him—he relishes frugality).

We speak of his mother's schizophrenia: painful boyhood trips to the mental institution.'

After high school, his job in the Loop: scrimping and saving for a home, a happy

wife, his children's education. The time he crawled from his sickbed, evading death

to complete the taxes. Marching for love and peace through Vietnam, Civil Rights,

the Cold War, a nuclear arms race, divorce, his son's psychosis. This week, I'll tell him

it was never lost on us: his perfect love for our nuclear family.

MUSE

Hurrying home in heavy snowfall, I'm stopped in my tracks by the hoo-h' Hoo-hoo-hoo of a great horned owl.

Tempted to turn from the trampled sidewalk into the snowy wood and find him, I call instead to a hooded stranger across the street:

Did you hear that gorgeous male owl?
The stranger doesn't look up—
earbuds maybe, or assumes I'm crazy.
Anyway, what would I do if

I found him? The haunting hunter who helped me hear a calling greater than men must be long married by now, an empty-nester. Still,

he turns my head and sounds my animal heart.

MAINTENANCE MAN

Computer maintenance was not among my criteria for a husband, father of my child.

Back then, who could have imagined the life-or-death, love-and-hate

necessity of a screen?

I still don't know what it means:

computer maintenance. Then again, he doesn't really know

what it means to write poems. So, imagine how I swooned

when I googled a thing he does: defragmenting—

a process of locating small parts and rearranging them into a whole.

It made me go and fling my arms around him, my

maintenance man—transforming file into life—my poet by another name!

END TIMES

Today, Death Valley
nearly topped the hottest
recorded temperature on earth.
Here in the Midwest, we
breathe the smoke from Canada.
The roses (cultivars) are perishing
in the heat. Resistant tiger lilies
stand a chance, if rabbits
(toppling stems to strip the leaves)
and chipmunks (chomping
buds like cobs of corn) are
somehow checked.

A friend, checked by life in recent years, texts: Jesus has been speaking to me. He said, 'Tell the world I'm coming!'

I believe we have this in common:
a dream of escape from the late
Anthropocene. But in terms
of space travel, I text back:
I'll stay here. In time of Rapture,
I'll go to the bed of Aesclepias—
milkweed, snaking underground
and send up complex mixed-sex flowers,
then pods of silver-haired seeds
that will sail prevailing winds
to a new age of monarchs, of
multiplying hymenoptera.

HOPE

for Hannu

At the birth of a third daughter on the eve of World War, my grandfather refused to look at her, or come in from the barn. In that old country, deep within my newborn mother in my invisible ovary home, I must have learned: hope is complicated.

Did my someday-son learn it too, when the New World obstetrician strapped my immigrant mother down, told her *shut up*, cut the pulsing umbilical cord and slapped me into air? America was in Vietnam, wars at home, *Silent Spring* took the world by storm and soon, I was marching for peace in the arms of a loving father. I must have learned: hope is not for the fainthearted.

The summer I turned fifty and my child became a teen, wildfires burned where they never burned before, schools were locked down, seas were heating up, crops were under water, waves of children flooded borders as if to cry: hope demands looking!

We watch from the swing now, you and I, below the spiraling trumpet vine in the garden, planted by you the year our son was born in the bed upstairs. A fanfare of open-throated flowers sweetens the return of ruby-throated hummingbirds: hope is the thing with feathers—* stubborn birds, small as ovaries, defying sore odds for nectar.

^{*} Emily Dickinson, "Hope" is the thing with feathers

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Wisconsin Fellowship of Poets Calendar: "Swedish Pancakes"

Wisconsin People & Ideas: "Hope" (nominated for a Pushcart Prize), "Still Life"

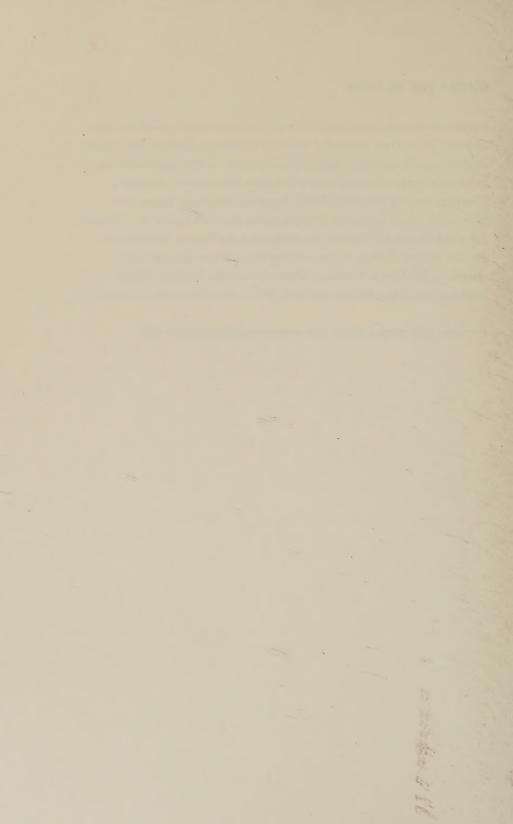
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Ingrid Andersson has practiced as a home-birth nurse midwife for over 20 years. She studied poetry and literature in Swedish, German, French and English, as well as anthropology, at the University of Wisconsin-Madison, before mixing that fertile ground with the art and science of midwifery (Frontier Nursing University, 2000). Ingrid is a healthcare activist and founder of related nonprofits. Her poetry has been nominated for a Pushcart Prize and Best of the Net and has appeared in *Ars Medica*, *Eastern Iowa Review*, *Midwest Review*, *Minerva Rising*, *Plant-Human Quarterly* and elsewhere. She lives in Madison, Wisconsin with her Swedish-Finnish husband, son, dogs, chickens and bees. *Jordemoder* is her debut collection.

For more information, please visit www.www.ingridandersson.info







"Ingrid Andersson's poems are well crafted and passionate at once. The are rooted in her family, her work as a midwife birthing babies in a nat ral age-old way, her own motherhood and her travels. Her work revea an identification with and close observation of birds, mammals incluing herself and her clients, flowers, trees, the seasons. These poems off both insight and joy."

-MARGE PIERCY, author of On the Way Out, Turn Off the Light: Poen

"Cardamom buns baked on parchment,/percolated coffee in thi lipped cups,/a porcelain pitcher of cream...' In this heartfelt debic collection, Ingrid Andersson's lush observations often made me fethat I had walked into a Vermeer painting, with all the attendated beauty and restraint that implies. Her viewpoint is fresh and modes her basic stance that of a midwife in the literal and metaphoric sens. The tenderest poems are reserved for the poet's mother, beginning with a depiction of her in hard labor pinned like an insect/on he back, leather straps/around her ankles, wrists.' Because Andersson writes without a hint of sentimentality, we believe such humbly offere insights as this one: 'Love after fifty is like love before//the age of five unable to contain itself.' Time and again, these poems transform the most ordinary objects and events into something noble and whole."

-ENID SHOMER, author of Shoreless: Poem

"In these generous and musical poems, Ingrid Andersson is midwife to the lives of the young of this century, compassionate observer of the joy and sorrows of her family's and country's troubles, a wise-woman companion on old-world tour, literate in our history of failure to address on earth's problems. In her celebration of the earth's fecundity, she birth the hope that we could be better, start anew."

-ROBIN CHAPMAN, author of The Only Home We Know: Poem

"These are poems that celebrate life, that give a luminous, shimmerin attention to what it means to birth, to mother, to age, and through it a to notice the white-tailed bumblebee."

-Juliana Spahr, author of That Winter the Wolf Came: Poem



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